

CAAT Retiree Group Benefit Premium Rates

Version 16

Published 11/25/2021 by [Kim McGann](#) Last updated 12/2/2025 8:20 PM by [Moshfekah Ferdaus](#)

Annually, the Academic and Support Staff Joint Insurance Committees, the Insured Benefits Subcommittee of the Administrative Consultative Committee and the CAAT Retirees Group Insurance Advisory Committee complete, with the assistance of a benefits consultant, their review of the group insurance premium rates. When approved by the Human Resources Steering Committee, premium rate adjustments are effective each year on February 1st. All premium rates are subject to the appropriate provincial sales tax based on the retiree's provincial residence. **Monthly Premium rates are listed below:**

[Premiums - February 1, 2026](#)

[Premiums - February 1, 2025](#)

[Premiums - February 1, 2024](#)

[Premiums - February 1, 2023](#)

[Premiums - February 1, 2022](#)

[Premiums - February 1, 2021](#)

[Premiums - February 1, 2020](#)

[Premiums - February 1, 2019](#)

[Premiums - February 1, 2018](#)

tags : cost, premium, rates