

OSLT Students Strengthen Their Job Interview Skills

Published 8/30/2022 by [Angela Jacewicz](#)

Seneca College offers free workplace-communication courses for professionally-trained immigrants called **Occupation-specific Language Training, OSLT**. While helping students improve their language skills, the OSLT courses also help students gain the skills needed to land their next job.

In the **OSLT** curriculum, in addition to learning sector-specific vocabulary, presentation and email writing skills, students practice conducting job interviews, researching employment opportunities, decoding job ads as well as practice networking skills. Additional job-searching support is provided with a workshop run by an HR professional, [My Interview Practice](#) software, and opportunities to take part in the innovative workshops and on-demand content run by [Seneca's Career Recharge](#).

One student commented, "Interview skill development was a crucial part of the **OSLT** curriculum which helped me to understand different types of resume, interviews and how to approach the interview questions in different scenarios and the interview practice resource with feedback from the instructor was immensely helpful."

Another student explained, "I find the interview practice software to be extremely helpful to practice different levels of interview questions."

To be eligible for these free **OSLT** courses, students need to be Permanent Residents or Convention Refugees, (not Canadian citizens or Refugee Claimants), have a Canadian Language Benchmark level 6 – 8, and have prior work experience or training in the sector.

IRCC has also opened up the eligibility criteria to include Ukrainian students with a Temporary Residence and their dependents. These students still need to have a CLB assessment level 6 – 8 as well as relevant work or training experience.

Interested students can connect with the YMCA to book a free CLB assessment:

<https://ymcagta.org/immigrant-services-new/language-assessment-and-referral-services-new>

For more information about **OSLT**, please visit:

<https://www.senecacollege.ca/ce/oslt/#OSLTSchedule>

tags : freetraining, newcomers, oslt, workplace-communication