

#TeamSeneca gets active for the GetUP Challenge and United Way

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In this year of physical distancing, Team Seneca is still going the extra mile for United Way, literally. Rather than climb the CN Tower, our challengers are getting in 280 minutes of activity to lift our communities from poverty to possibility.

In the GetUP Challenge, individuals have signed up and agreed to get in 280 active minutes in 2 weeks. That can be done however they like, in whatever time-frame they like. They can do 20 minutes per day for 14 days, 40 minutes per day for 7 days, or the whopping 280 minutes in one day!

This year, Seneca has a mix of both new and seasoned challengers made up of the following individuals. Show them some love in the comments or [support them here](#).

[Aidan D'Souza](#)

[Amanda Nowensky](#)

[Anonymous](#)

[Camille Soucie](#)

[Caterina Ventrella](#)

[Hao Yu Chu](#)

[Anonymous](#)

[Jennifer Yip](#)

[Anonymous](#)

[Krista Gallant](#)

[Nadia Bedok](#)

[Paula Echeveste Petrone](#)

[Riaz Saloojee](#)

[Anonymous](#)

[Anonymous](#)

[Anonymous](#)

tags : campaign-for-students, team-seneca, united-way