

# Achievements from the Faculty of Applied Arts & Health Sciences

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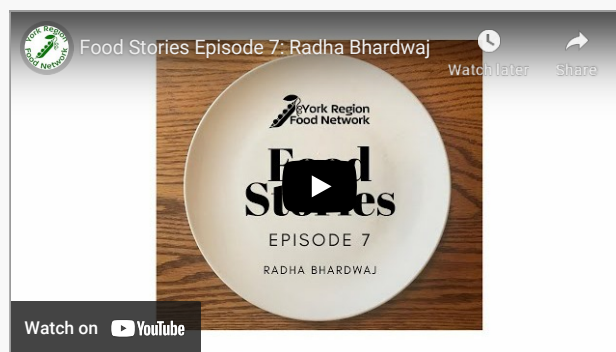
in the **September 2020 issue**

York Region Food Network (YRFN) is a grassroots non-profit organization promoting food security in York Region. Offering a range of programs from community gardens to cooking programs, YRFN is dedicated to shifting policy and breaking down social isolation. These powerful initiatives have led to critical conversations about social determinants of health. Community connections and raising awareness are at the core of YRFN, apparent in its mentoring of students in the Mental Health Intervention (MHI) program to host a Food Summit at King Campus in fall 2019.

**Radha Bhardwaj**, who teaches in the MHI program in the School of Community Services and is part of the Food Council in York Region, was invited to share her food story in an informal conversation with YRFN to kick off this renewed partnership between the MHI program and YRFN.

The *Food Stories* concept is a new online initiative at YRFN exploring food and the rich lived experiences of diverse citizens. An exciting collaboration with the MHI program this Fall will provide our students an opportunity to plan and host *Food Stories* to explore the relationship between food security and mental health.

***Food Stories episode 7*** with Radha Bhardwaj is available on YouTube.



View the [September 2020 issue of the Academic Newsletter](#).

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tags : announcements-congratulations